



## ORLANDO \* WINTER PARK BRANCHLINE

### Dr. Lori Seelhoff: "The Veterinary Experience: Challenges and Blessings"



Dr. Lori Seelhoff was born in Michigan and grew up in Houston, Texas, where she attended Texas A&M University (BS in Veterinary Science). She was a member of the Corps of Cadets and was one of two female members of the Parsons Mounted Cavalry. She received her DVM from Texas A&M in 1996 and has been practicing small animal medicine in Florida since then. She has been an associate veterinarian at McAbee Veterinary Hospital since 2002. She is very active in her church, St. Margaret Mary in Winter Park, with particular interest in youth ministry and music/liturgy. She received a Masters in Pastoral Studies (focus: Youth Ministry) from Loyola University (through a local extension program). She has 11 "children" - 3 dogs and 8 cats.

Dr. Lori Seelhoff was born in Michigan and grew up in Houston, Texas, where she attended Texas A&M University (BS in Veterinary Science). She was a member of the Corps of Cadets and was one of two female members of the Parsons Mounted Cavalry. She received her DVM from Texas A&M in 1996 and has been practicing small animal medicine in Florida since then. She has been an associate veterinarian at McAbee Veterinary Hospital since 2002. She is very active in her church, St. Margaret Mary in Winter Park, with particular interest in youth ministry and music/liturgy. She received a Masters in Pastoral Studies (focus: Youth Ministry) from Loyola University (through a local extension program). She has 11 "children" - 3 dogs and 8 cats.

### JANUARIUS



January is named after Janus, a two-faced god who could look backward and forward at the same time. It took him twice as long as the other gods to get ready for work in the morning since he had two faces to wash. Also, he found it uncomfortable to sleep on his back. But there were advantages. For instance, the gods felt more relaxed when he was on sentry duty. In addition to giving his name to January, it was Janus who coined the expression, "I don't know whether I'm coming or going."

### GENERAL MEETING

**SATURDAY**  
January 14, 2012  
9 a.m.

**First Congregational  
Church of Winter Park**  
225 S. Interlachen Avenue  
(at New England Ave.)  
Winter Park, FL 32789

**\$15.00 per person**  
**Reservations Required**

**RSVP Contact:**  
Rosemary Vendena  
407-282-1023  
rovendena@hotmail.com

**Make checks payable to**  
**Orlando/Winter Park AAUW**  
**and mail to:**  
Rosemary Vendena  
291 Isle of Sky Circle  
Orlando, FL 32828

**You are responsible for**  
**payment in full if you do not**  
**keep your reservation.**

## FROM THE PRESIDENT'S DESK



The holiday season has arrived and will continue until January 6<sup>th</sup> for those of us who feel that all that work and hustle and bustle should last at least all of the 12 days of Christmas. I want it to last as long as possible after all

the preparations and gatherings are over. That is the best time to kick back and prepare for a new year. As the wassail song goes, "love and joy come to you . . ." If only we could realize that continuing plea for peace on earth. As members of AAUW, we look forward to providing love, joy, and peace through our fellowship together. We would hope that each year the roles played by women grow further into the much-deserved equality that belongs to all members of our world communities. It seems that there is never a time when there is no war to deal with as we fight to keep our freedoms, and equality is one of those freedoms. Bless our troops that keep us free!

We are marching along in our branch assisting women to continue and/or finish their educations which is a big step in that quest for equality. We are proud of all of the women who have had opportunities to study, as the result of our work raising money for that purpose.

We will soon be attending our annual literary luncheon and we get a chance to see our membership at their best. The event is always stimulating and enjoyable. We have had fine speakers and will soon

have another to add to the list this March. Plan to bring a friend or prospective member to enjoy this day that is a chance for each of us to put our best foot forward and watch the joy of being in this organization come to life. See all of the details in this newsletter.

Further on, it is time to think about serving in an office or on a committee this next year. The nominating committee will welcome any suggestions and will be coming to you with a slate that will be voted on in May. Seriously consider how you can contribute. That committee will also be published and you can contact them any time.

After reading all of those Christmas cards, I am sure you can do without a lot of rambling from your president but just a few words to keep in touch with days ahead. Set up your new year calendars to meet with your fellow members each month; get involved in upcoming fund-raising programs; send ideas related to programs, or ideas related to equity, to the appropriate board members in your directory; join an interest group and enjoy that fellowship; encourage your friends, neighbors, or co-workers to join this branch; look at the AAUW experience as resourceful and invigorating; participate in the experiences that come with this membership and, remember that every day is a gift.

Happy Holidays! Happy New AAUW Year!

**DR. CAROL ANCONA, PRESIDENT  
AAUW, ORLANDO-WINTER PARK**

### ALESSANDRA GILIANI

Renaissance women were famous for cutting remarks and glances; Alessandra Giliani of Bologna was famous for just plain cutting. This teenage prodigy got to study dissection at the side of the most famous slice-and-dice man in Italy, Mondino de Luzzi. In her time, around 1318, anatomy researchers weren't at all clear which blood vessels were veins and which were arteries. Adroit Aless is credited with inventing a technique to trace the different blood vessels in the body. Using

any cadaver handy, Alessandra would draw blood from the veins and arteries and refill them with different colored dyes that solidified, allowing anatomists to learn more about the human body. This science whiz was reputed to have died at nineteen. Just plain drained by her labors. Today, a plaque honoring her contribution to anatomy reposes in the Florence hospital church of Santa Maria del Mereto.



[*Uppity Women of Medieval Times* by Vicki Leon]

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Emily.hartmeyer@gmail.com

*Branchline*  
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LFessel@embarqmail.com

# Welcome New Members

Angela Bardwell-Owens  
2502 Coby Point  
Winter Park, FL 32792  
  
Email: [abardwellowens@mail.valenciacollege.edu](mailto:abardwellowens@mail.valenciacollege.edu)  
Tel: 407-637-4829

Student: Valencia College  
Major: General Studies

Carole (Dinky) Gefvert  
1220 Lake Willisara Cir.  
Orlando, FL 32806

E-Mail: [cgefco@gmail.com](mailto:cgefco@gmail.com)  
Tel: 407-422-1824

VCC, A.A. 1984  
UCF, B.A., Educational Media, 1986

## Changes/Corrections

Marlene Freelove has a new email address: [marlenefreelove@gmail.com](mailto:marlenefreelove@gmail.com)

## Scholarships

Scholarship applications will be accepted through the deadline, March 1, 2012. More information and the application are on the branch website. The committee is especially interested in applicants majoring in the STEM areas: science, technology, engineering or math.



### ANNUAL LITERARY LUNCHEON SATURDAY, MARCH 10, 2012

#### Guest Speaker, Carol Frost

“One of the foremost lyric poets of her generation”

- Acclaimed author of eleven books of poetry.
- Frost has held distinguished professorships at SUNY, Bucknell, and Washington University.
- Founded and for 15 years directed the Catskill Poetry Workshop at Hartwick College.
- Honors and awards include two fellowships from the National Endowment of the Arts, and four Pushcart Prizes. The Poets' Prize and Elliston Award committees have also honored her work.
- Holds the Theodore Bruce and Barbara Lawrence Alford Chair of English at Rollins College.
- Directs the Winter with the Writers Program, a festival of the literary arts.

See page 5 for a poem by Carol Frost  
See page 7 for flyer and registration form.



Booklovers (6 Groups)  
Colleges & Universities  
Dining Out/Potpourri  
Foreign Affairs  
Foreign Films  
Garden Group  
Museums/Galleries  
Out-to-Lunch  
Theater

## Museums/Galleries

Dee has, regretfully, had to bow out as chair of Museums/Galleries. We need someone to step up and take over this interesting group.

Dee will be happy to assist anyone through the transition. Contact her at 407-876-4986 or email her at deedadocent@aol.com

Perhaps two or more of you would considering being co-chairs?

You can also contact Pat Stamm, Interest Group Coordinator, at 407-971-0565 (patsnpans@yahoo.com)

## Foreign Films

At the Home of Linda Fessel  
407-677-0317  
LFESSEL@embarqmail.com

Call me at the number or e-mail shown above if you would like to be added to the list in order to receive more information about each movie. If you're a new attendee, please call me in advance for directions.

Each participant is asked to contribute \$2 to help cover the cost of refreshments and the film.

Our next film (TBA) will be presented on Monday, January 30, 2012.

## Booklovers

See Page 5.

**Please invite a friend, neighbor or relative to attend a general meeting or some of your special interest groups.**

## Foreign Affairs

### Co-Chairs:

Juanita Blumberg 407-327-0398  
juanitablu@yahoo.com

Jo-Ann McCaffrey 407-841-3640  
JoAnnRoux@aol.com

TOPIC: **Sanctions and nonproliferation**

DATE: Sunday, January 22, at 2 p.m.

PLACE: Home of Cynthia Tomlinson  
2305 Edgewater Drive #1415  
Orlando, Florida 32804

[ctomlin317@aol.com](mailto:ctomlin317@aol.com)

**We welcome new members!**

One of the earliest Olympic events was called the *pankration*, a mix of boxing, wrestling, and endurance that had virtually no rules. During the *pankration* event in 564 B.C., Arrachion of Phigalia earned a place in the record books, but not just because he won the bout. Arrachion's opponent conceded the event. Arrachion, as he lay on the ground, was declared the winner by default, but he refused to stand and claim victory. Exhausted? Overcome with the joy of victory? No. He was dead. Since the bout had already been decided, Arrachion became the only dead person in history to win an Olympic event—making the *pankration* less like a triathlon than a die-athlon.

[Leland Gregory's *Stupid History*]



## Booklovers

## January 2012

In January, all six book groups will read and discuss *Pearl Buck in China: Journey to the Good Earth* by Hilary Spurling. Pearl Buck was the first American woman to win the Nobel Prize. Born and raised in China, her novels opened American eyes to the previously unknown land and the people of China.



At least 5 of our current Book Groups are filled to over capacity. I would very much like to begin a new group (Booklovers VII) after January 1, 2012. Please contact me if you are still on a waiting list, or if you or a friend has been considering joining a book group. If the meeting time and day of your current book group no longer fits your schedule, please join us. Maybe we will have enough interest to form a new afternoon and a new evening group.

**BOOKLOVERS COORDINATOR:** Nancy Osterberg 407-363-0269 [nsosterberg@gmail.com](mailto:nsosterberg@gmail.com)

**Booklovers I:** meets on the first Tuesday afternoon of each month in Winter Park. Contact Doris Scott [doris27m@aol.com](mailto:doris27m@aol.com) 407-831-6652

**Booklovers II:** meets on the first Wednesday afternoon of each month in assorted locations. Contact Marianne McKinney; [mmckinran@cfl.rr.com](mailto:mmckinran@cfl.rr.com); 407-492-3003

**Booklovers III:** meets the first Thursday of the month at 7 p.m. Contact Jan Smith, [jansmith32708@yahoo.com](mailto:jansmith32708@yahoo.com) (407-687-0147) or Lynda Hinkley — [hinckley\\_j@bellsouth.net](mailto:hinckley_j@bellsouth.net) for information.

**Booklovers IV:** meets on the third Wednesday afternoon of each month in Lake Mary. Contact Christine Brown. [catbird@cfl.rr.com](mailto:catbird@cfl.rr.com) 407-774-9501

**Booklovers V:** meets on the third Tuesday afternoon of each month in south Orange County. Contact Lois Kolski. [Lkolski@aol.com](mailto:Lkolski@aol.com) 407-352-1146

**Booklovers VI:** meets at the home of Delia Fuentes, 235 Fawsett, Winter Park. (407-310-1154), at 1 p.m. on the second Tuesday of each month. Contact Grace Smith: [gsmith1131@gmail.com](mailto:gsmith1131@gmail.com).



Carol Frost

### Beauty and dust, beauty and dust—

but to simplify we say dementia  
(time sensing, recognizing, recollecting  
soon ceasing), not imagine the fields along Lethe  
dim lit but with their few flowers: corolla  
and grains of pollen for the ancient bees.  
*A little problem with space  
and time*, she and I first kidded,  
is becoming no place and perilous travel,  
days harsher than mineral. Lethe  
is someplace. Water laps against  
a wooden boat. In time of frankness, lie.  
Tell her she will come soon with you home.





# FROM THE DESK OF OUR UCF REP

*Maria Cristina Santana*

## **AAUW Funds Seven Campus Action Projects Programs Will Address Sexual Harassment in Middle and High Schools**

Our project working with UCF's Women's Studies and the Young Women Leaders Program in three Middle Schools in Seminole County (Tuskawilla, Lawton Chiles and South Seminole) was funded to work on a campus-wide awareness project dealing with sexual harassment and bullying. The principal investigator is Meredith Tweed, UCF faculty and Maria Roman, YWLP coordinator. Their AAUW contact is Dr. M.C. Santana, college representative for the Winter Park/Orlando branch of AAUW. The total dollar amount for the grant is \$5,000.00.

This grant fits well with the recent AAUW released report: "Crossing the Line: Sexual Harassment at School."

In addition to funding the projects, AAUW will pay for one member of each team to speak at the 2012 National Conference for College Women Student Leaders. The conference, hosted by AAUW and NASPA, helps women students connect with each other and with successful

The UCF Team is led by Dr. Maria Cristina Santana, AAUW's College/University Representative and a member of the Orlando/Winter Park Branch.

role models while honing leadership skills for their work on campus and in their communities. The AAUW Campus Action Project grant recipients for 2011–12 are:

- Dakota State University, South Dakota
- Jefferson Community College, New York
- Millersville University, Pennsylvania
- Pacific Lutheran University, Washington
- Saint Mary's College, Indiana
- University of Central Florida
- University of Kentucky

Dr. Santana will discuss more grant details at the AAUW Winter Park/Orlando chapter January meeting.

For more information on Campus Action Projects and for details on this year's teams, visit: [www.aauw.org/connect/cap/crossingthelineteams.cfm](http://www.aauw.org/connect/cap/crossingthelineteams.cfm).

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# FROM THE DIRECTOR OF FUNDRAISING

*Myra Gaziano*

I would like to extend a very heartfelt "thank you" to my AAUW friends who supported and worked to make our holiday auction and raffle a success. I am very happy to report that through your generous spirit, our branch's net profit was \$500 and all proceeds enable AAUW to continue to effect change and advance equity for women through education, advocacy and research. As AAUW marks its 130<sup>th</sup> Anniversary, individually and collectively, we can feel the satisfaction and pride in knowing that we are responsible for the impact and change that the organization has made through the years – enabling women to forge new paths in scholarship and tackling educational and social barriers still facing women today.

It was my pleasure to work with all of you and I wish you a wonderful 2012!

Mrs. Bridget Driscoll holds the unfortunate title of being the first person killed by an automobile. On Aug. 17, 1896, at the Crystal Palace in London, Arthur Edsell accidentally ran over Mrs. Driscoll and fractured her skull. The verdict of the court was



accidental death. Eyewitnesses stated that Mrs. Driscoll panicked at the sight of Mr. Edsell's car and didn't get out of the way, which she could have easily done as Mr. Edsell was traveling only four miles per hour at the time.

# American Association of University Women

## Spring Literary Luncheon

### Guest Speaker

# CAROL FROST

“One of the foremost lyric poets of her generation”

- Acclaimed author of eleven books of poetry
- Honors and awards include two fellowships from the National Endowment of the Arts, and four Pushcart Prizes. The Poets’ Prize and Elliston Award committees have also honored her work.



- Holds the Theodore Bruce and Barbara Lawrence Alford Chair of English at Rollins College
- Directs the Winter with the Writers Program, a festival of the literary arts.

**Saturday, March 10, 2012, at 11:30 a.m.**

**The University Club of Winter Park**

**841 N. Park Avenue, Winter Park, FL**

**(At the intersection of N. Park Avenue and Webster Avenue)**

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*Reservation Form (Advance Reservations Only)*

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Please Reserve: \_\_\_\_\_ \$ 35 (individual seat) Seating Request : \_\_\_\_\_  
\_\_\_\_\_ \$ 280 (table for 8)

I am unable to attend but would like to donate \$ \_\_\_\_\_ to AAUW \*

Mail Reservation Form & check payable to: “AAUW-Orlando-Winter Park” to:  
Susan Hoke, 558 Oak Reserve Lane, Winter Park, FL 32792 (407) 637-6857

\* Proceeds go to AAUW Educational Fellowship Grants, Legal Advocacy Fund

## PUBLIC POLICY

*Barbara Knapp*

### Education Department Releases Data on Bullying Laws, Policies

A new U.S. Department of Education report shows that from 1999 to 2010 more than 120 bills were passed by state legislatures to either introduce or amend statutes that address bullying in schools. Twenty-one new bills were enacted in 2010 and eight additional bills were signed into law through April 30, 2011. The report, *Analysis of State Bullying Laws and Policies*, summarized current methods in the 46 states with anti-bullying laws and the 41 states that have created anti-bullying policies as models for schools. AAUW submitted comments to the Department of Education that helped shape the survey.

AAUW advocates passing legislation to better address bullying and harassment. These measures should include the Office for Civil Rights' definition of harassment and identify the classes that are protected (including actual or perceived race, color, national origin, sex, disability, sexual orientation, gender identity, and religion).

### Osteoporosis Testing Faces Additional Cuts

Medicare reimbursement rates for osteoporosis testing will continue to decline without congressional action. A National Osteoporosis Foundation study released this week found that reimbursement dropped 56 percent from 2007 to 2010 for tests done in physicians' offices. In addition, testing has stagnated in recent years after a decade of growth. A bipartisan bill, Preservation of Access to Osteoporosis Testing for Medicare Beneficiaries Act (S. 1096/H.R. 2020), would extend the minimum payment for osteoporosis tests through 2013.

### House approves \$1 Trillion Omnibus

The House approved the \$1 trillion omnibus with a 296-121 vote. The bill will now go to the Senate, and then to the White House and avert a government shutdown. After debate, the House approved the bill, funding most areas, including spending for Defense, Energy and Water, Financial Services and General Government, Homeland Security, Interior, Labor/Health and Human Services, Legislative Branch, Military Construction/VA, and State/Foreign Operations through the 2012 fiscal year. The House failed to vote against some areas, such as standards and bans the use of District of Columbia funds for abortion. AAUW will continue monitoring this process for its impact on AAUW priorities and programs that serve students, the elderly and working families.

### AAUW Member Honored at White House Event

The White House recognized 12 community heroes including Tamara Brown, AAUW member and former president of the AAUW Buffalo (NY) Branch. Brown, founder of Buffalo's Tech Savvy program, was honored for her work to engage women and girls in STEM, science, technology, engineering, and mathematics. AAUW staff joined Brown at the ceremony.

### Another Step toward Safe Campuses for All

We are pleased to report that the Campus SaVE Act (S. 834/H.R. 2016) now has more than 40 co-sponsors in the House and Senate thanks to the hard work of AAUW activists. Many of the provisions from Campus SaVE have been included in the Violence against Women Act reauthorization. Ask your senators to co-sponsor that bill today!



Today we take for granted women's right to vote; however, the vote in Congress that fateful day in 1920 was too close for comfort. Thirty-six of forty-eight states were needed to ratify,

and the Nineteenth Amendment was one vote shy. Its only hope was Harry Burn, a Republican from Tennessee. He was firmly in the "no way" camp until receiving a letter from his mother. It said, "Don't forget to be a good boy and help Mrs. Catt put the 'rat' in ratification. Signed, your mother."

He changed his vote and later explained, "I know that a mother's advice is always safest for her boy to follow, and my mother wanted me to vote for ratification." Bet you he got an extra cookie in his lunch after that!

Two women, Victoria Woodhull and Belva Ann Lockwood ran for president of the United States before 1920, even though, under law, they couldn't vote for themselves.

*(Bizarre History)*





Smiles and more smiles were on the faces of the young ladies at PACE when they received your Miracle Boxes on Dec. 21!! Thank you so much for your generous giving and the lovely wrapping you did to make it all so festive. Those of you who were there were able to see what joy you provided for these girls. Thank you again.

More thanks to the ladies of the branch who were so helpful in putting together the new library at the Center. It is now mandated that every school must have a good working library, and, with the help of a Boy Scout working on his Eagle ranking, and many of you, the library came together. It is a warm and inviting place to study and relax. Thank you

again.

The annual Portraits of PACE luncheon has been scheduled for Wednesday, April 25, from noon to 1 p.m. at the Double Tree Hotel at I-4 and Ivanhoe on the north end of Orlando. Orlando/Winter Park normally has at least three tables. It is not too early to begin to think of those you may wish to invite to learn about PACE. A good practice is to take potential luncheon guests for a tour at the Center prior to the event so they can understand PACE. If you would like to schedule a tour, please call Barbara Knapp (407-282-5449 or [jbknapps@cfl.rr.com](mailto:jbknapps@cfl.rr.com)) for arrangements.

*Barbara Knapp*

**From the *PACE Literary Magazine* 2011**

**How PACE Gave Me a Voice**

I started PACE last year because I was falling behind in public school and had very low self-esteem. I didn't know what to expect, but I liked the fact that PACE was an all-girl school. My counselor promised that by the time I graduated from PACE, I would have higher self-esteem. Her etiquette class has helped me become a lady by learning manners and how to care for myself properly. Now, I have the self-confidence to talk with people I don't know and I am no longer shy. I am so happy with myself!

PACE has also helped me to find myself and my talents.

Since attending PACE, I figured out that I want to become a pastry chef because I love to bake and cook for people. After graduating, I plan to enroll in a culinary arts program and follow my dream.

I can see so many changes in myself now that I am a junior. I am no longer afraid to speak to new people, and I've found out who I really am. Without PACE, I would have never found my voice.

Gabby



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**Harriet Lane: First Lady of the United States (Huh? Who?)**



Orphaned at 11, Harriet Lane requested that her favorite Uncle, James Buchanan, be appointed her legal guardian. When Buchanan became president, 27-year-old Harriet served as the president's surrogate wife in every particular (but one!). During the four years of Buchanan's presidency, Harriet became the first White House hostess referred to as the "first lady." Women copied her hair and clothing styles—especially when she lowered the neckline on her inaugural gown almost three inches. While in the White House, she used her position to promote social causes, such as improving the living conditions of Native Americans living on reservations. Her popularity at the time was comparable to that of Jackie Kennedy in the 1960s.

Despite having numerous beaux, she waited until the age of 36 to marry. Tragically, within the next 18 years she lost her uncle, both her two young sons, and her husband.

Three Coast Guard cutters were named in her honor, one of which is still in active service today. She dedicated a generous sum to endow a home for invalid children at the Johns Hopkins Hospital in Baltimore. The Harriet Lane Outpatient Clinics continue to operate in countries throughout the world. One of her many bequests founded the prestigious St. Albans School which opened in October 1909. She bequeathed a sizable art collection, largely of European works, to the government. An official of the Smithsonian Institution called her "First Lady of the National Collection of Fine Arts."

The fussy old bachelor and his devoted, bosom-baring niece were perhaps the oddest couple ever to preside over the White House. Buchanan's four years in office would one day be remembered as "that gayest administration."



**CONGRATULATIONS TO US!  
WE MADE \$500 ON THE AUCTION.**



Pianist, Lynn Pigheny



Dee Smith and Cathy Messenger check out the breakfast offerings.



Joan Rinaldi poses with the gift-wrapped shoe boxes for the girls at PACE.



Jocelyn Deprez and Myra Gaziano



Emily Hartmeyer and Linda Dunlap (who promised that we could borrow that fabulous vest next year!)

Everywhere we look, we see rich people: millionaire athletes, billionaire dot.com Internet geeks, people on TV quiz shows becoming millionaires by answering questions so easy that they would not stump a reasonably alert stump. And although this makes us want these people to get hit by cement trucks, it also makes us realize that we have come a long way in the past thousand years.



And so this New Year's Eve, when the clock strikes twelve, raise a glass to toast the millions of our ancestors who went before us, paving the way for the safe and secure civilization that we enjoy today. Then, when the clock strikes thirteen and the lights go out, start your generator and load your gun.

[Dave Barry's *History of the Millennium*]





**“...because  
EQUITY IS STILL  
AN ISSUE.**

**AAUW and the AAUW Educational Foundation**

*MISSION: To advance equity for women and girls through advocacy, education, and research. AAUW, founded in 1881, is open to all graduates who hold an associate's or higher degree from a regionally accredited college or university. In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.*

**Advocating for Women and Girls**

*Equity is the legal right of all women and girls. AAUW frames and fosters factual, in-depth, objective dialogue among legislators and change makers that results in political, institutional and legal support for women's equity in all areas of life and work.*

**For more information about AAUW, call the HELPLINE, 1-800-326-2289, Mon.-Fri., 10am – 5pm EST or go online: [helpline@aauw.org](mailto:helpline@aauw.org)**