



Orlando *** Winter Park Branchline

Who Are the Refugees

And Why Are They Coming?



Dr. Nancy Rudner, DrPH, APRN, is a nurse practitioner with public health expertise. She provides primary care as a family nurse practitioner in FPG, a local group practice. Dr. Rudner earned her Doctorate in Public Health from the University of Michigan as a Pew Scholar in Health Policy, her Mas-

ters in Public Health from the University of North Carolina, and her Masters in Nursing from Pace University. She is an Associate Professor in the School of Nursing at the University of Alabama at Birmingham (UAB).

She has worked with disaster relief teams in post-hurricane Puerto Rico and the Bahamas. Last year Dr. Rudner participated in an international medical brigade in the chronic disaster highlands of Guatemala. In 2019, she worked with Registered Nurse Response Network to provide nursing care to refugees crossing the Mexico-U.S. border.

We asked our members to send us their thoughts about the pandemic, their accomplishments, etc. Thanks to those who took the time to respond. Their comments are sprinkled throughout this newsletter.

GENERAL MEETING

Saturday

November 14, 2020

Time: 10 a.m. to 11:40

Place: Your couch, chair, bed

Cost: \$ 0

(Bring your own coffee, tea, juice, donuts, yogurt, fruit, breakfast burrito, etc.)

Brought to you by ZOOM

You will receive your email invitation about one week before the General Meeting.

DO NOT click on the http address until the morning of the meeting.

If you still need assistance using Zoom, please contact Linda Fessel at LFESSEL@embarqmail.com or Maria Bonnet at marpazbonnet@gmail.com. We will work with you one on one.



From the President



The political races on November 3 are not the only ones to be won in November. Since November 15, 1937, people have also celebrated Sadie Hawkins Day named after the character created by cartoonist Al Capp in the *Li'l Abner* comic strip (1934-1977). As the story lines goes, Sadie

Hawkins was the daughter of Hekzebiah Hawkins, one of Dogpatch's earliest settlers, and she was a homely gal. She grew tired of waiting for suitors until she reached age 35 when her father, in desperation, called together all the unmarried men of Dogpatch and declared it "Sadie Hawkins Day." In a feminist turnabout, of sorts, Sadie pursued the eligible bachelors in a foot race reversing the cultural role of men as the romantic pursuers. Matrimony was the consequence for Sadie literally catching a bachelor and thus demonstrating her determination and athletic prowess!

The storyline inspired a fad on college campuses, and in 1939, *Life* magazine reported that 201 colleges in 188 cities had Sadie Hawkins Day events. These events evolved away from footraces to dances where women ask men to dance and, by tradition, men cannot refuse. In the intervening years, and with the advent of changing cultural norms and patterns of courtship, Spinsters' Balls were relabeled Snow Balls. A more recent variant is 'speed dancing' in which a DJ picks two people to start dancing. The DJ periodically stops the song and each person must select another partner in a snowball effect that eventually involves most people at the dance. Sadie

Hawkins Day is celebrated in various forms in the US, Canada, some countries in South America and even in Australia. The date of Sadie Hawkins Day varies each year but is generally held on the first Saturday after November 11 although it will be on Friday, November 13 in 2020. Personally, I am hoping to engage in celebratory dancing after the November 3 race!



If dancing is not your thing and, in recognition of our many food-oriented interest groups, November is also Banana Pudding Lovers Month, National Georgia Pecan Month, National Peanut Butter Lovers Month, National Pomegranate Month, Sweet Potato Awareness Month, Teff

and Millet Month (*Google it!*) and World Vegan Month.

Happy Thanksgiving,

Leslie Sue Lieberman, Ph.D.

President, AAUW Orlando/Winter Park Branch

Professor Emerita UCF

One final note: our Branch received a thank you card from Mr. Alex Agosto, Principal of Pine Crest Elementary School of Innovation, Sanford, FL, for the donation of 130 books arranged by our member Dr. Sherry Kragler. The books were a donation from the UCF Bookstore that were received last spring by our President.

[With apologies to Leslie, this paragraph was accidentally omitted from her column in the October Branchline ed.]

October is a month of emerging urgencies. The sudden loss of Supreme Court Justice Ruth Bader Ginsburg and the swift response of Senate Republicans in a move to appoint an ultraconservative justice threatens AAUW's *raison d'être* of ensuring gender equity. Most salient to me, as a former Executive Director of the Center for Women's Health at the University of Florida, is the loss of reproductive rights and a woman's right to choose. Approximately 25% of US women have chosen to terminate a pregnancy. In the last 3 years, state legislatures

have been emboldened to enact restrictions on access to women's reproductive healthcare, in general, and to add draconian measures such as disallowing abortion after 8 weeks of pregnancy in OH, MO, MI, GA, KY. The Senate has populated the federal courts with 200 Trump-approved judges. The 200th judge called for "complete and immediate reversal" of *Roe v. Wade* (Kate Smith, CBS News, 6/25/20). Call our Senators and remind them of their arguments against an Obama appointment so close to the election. So far, the absence of integrity has been glaring.

MISSION & ACTION

AAUW's newsletter

3 TIPS FOR VIRTUAL FUNDRAISING AND PROGRAMS

As we prepare for the 2020 fundraising season, AAUW couldn't be more grateful for our members and supporters — or prouder of the work you've done. During a difficult year characterized by the pandemic, economic hardship and an overdue reckoning with racism, you met the moment. We're impressed by how quickly members built and expanded virtual communities, shifted to online fundraising and advocated for meaningful change.

And, together, we must keep pushing for progress. While programming and fundraising will necessarily be different this year, our commitment to our mission has not wavered. It's never been more critical to ensure that equity for all stays front and center on our nation's agenda. You can do more by checking out these [5 creative ideas for virtual fundraising](#).

Watching our [webinars](#) with ideas and insights on programming during the pandemic.

Staying tuned for the rollout of our generous 2020 match to double your year-end impact — and be sure to donate and spread the word!

Stay Tuned for New Inclusion & Equity Resources

AAUW's Inclusion & Equity committee has been hard at work putting together a new toolkit of resources and tips that highlight how critical diversity, equity and inclusion are to AAUW's long-term prospects. The toolkit, which will be available to members in November, will include dozens of resources to help you lead branch workshops, broaden your membership and further your own learning. In the meantime, check out [Dr. Lisette Garcia's webinar](#) on how to cultivate a more inclusive perspective.



Applications for 2021–22 Fellowships and Grants Now Open

Do you know any women pursuing postgraduate studies, furthering their careers, or working on a program to benefit women and girls? Point them to our [fellowships and grants applications](#). Deadlines run from November to December.

Apply for Election to AAUW's National Board

AAUW is accepting applications for election to the national Board of Directors through October 30. Board members share a passion for advancing equity for women and play a vital role in leading AAUW. [Learn more and apply today.](#)



Continuing RBG's Legacy of Fairness

Justice Ginsburg was a principled defender of justice who led by example. She showed us that the Supreme Court belongs to no political party, but rather to the American people. And the people must retain the power to decide on the leaders who select our court. Here's how to [take action to ensure a full and fair vetting for her replacement](#).

Latinas and the Pay Gap



October 29 is [Latina Equal Pay Day](#). Because of the gender pay gap, Latinas were compensated 55% of what non-Hispanic white men were paid in 2019. That means it takes Latina workers almost an entire extra year of full-time, year-round work to be paid the average annual earnings of white men.

Include Equity in Your Estate Plans

Did you know that Oct. 19-25 is National Estate Planning Awareness Week? It's a great time to [learn more about your options](#) for seeding a legacy of equity through AAUW. There are a variety of simple ways to include AAUW in your plans that cost nothing during your lifetime. Your planned gift will help empower women and girls now and for generations to come. To learn more, please contact Heather Miller, Director of Advancement, at millerh@aauw.org, or 202-785-7766.

A Wealth of Webinars

After offering weekly webinars for many months, we've now built up an impressive library of content for members to explore at any time. You can peruse the archive of [Equity Network webinars](#), which are focused on professional development and how to build equitable and inclusive workplaces. Or take a look at our [2020 member webinars](#), which range from interviews with notable Fellows to updates on your membership to tips on how to enhance your activism.

Interest Groups



Anne Coppenhaver, our Interest Group Chair, has agreed to support the interest group leaders as they navigate their way through this Zoom/virtual period.

Her contact information is 832-704-2854 (cell) or ccoppenhaver@me.com.

Anne Coppenhaver
Interest Group Chair

Booklovers:

Booklovers are meeting regularly via Zoom. The book most groups are reading in November is *And Then There Were None* by Agatha Christie. Booklovers VII is reading *Passing* by Nella Larson. Traditionally, we have a social in December so Booklovers will be discussing this option at their November meetings. If you feel comfortable with a social experience, by all means plan it. If not, choose a book and let us know what it is

Ellen James
Booklovers Coordinator
(ellenjames54@gmail.com)

Cooking Globally: Will not meet until it is safe to do so. For more information, contact Adrienne Katz at katzaid@yahoo.com

Couples Dining Party (Formerly Dining Couples) will not meet until it is safe to do so.

For more information, contact Eileen Garrison at 407-620-9703.

Current Issues: Meets monthly on the 3rd Monday from 10 a.m. to 1 p.m. If you wish to participate in Current Issues, please contact Marcy Kysilka at kysilka@bellsouth.net or 321-972-5315 and let her know so she can contact you to set up a schedule of meeting times and topics.

Dining In: Normally meets monthly on the first Friday. Contact Jane Rosen for more information about this group: 321-295-7689 or mjcroser@hotmail.com. Our Dining In Group is going to Zoom meetings for the rest of the year. Our actual meetings ended in February. The

meal hosts will be the members who did not get a chance to host a meeting in March, April, May or June. We will develop our 2021 schedule to start in January. Our plan is for the host of the month to select a theme. Each member will then submit a recipe for that theme to me. I will distribute the recipes to everyone before the meeting. Ginny will host all the Zoom meetings but the Hostess of Month will be:

November 6, 2020 - Sherry Levy

December 4, 2020 - Adrienne Katz

Dining Out (at night): Dining Out will not meet until it is safe to do so. For more information, contact Susan Hoke at (407-637-6857) or shoke5581@gmail.com

Exploring Central Florida (ECF): To be added to the contact list, please contact co-chairs Linda Fessel at lfessel@embarqmail.com. or Christine Porter at portercl7166@gmail.com. Participation in last year's excursions does not guarantee your place on the new email contact list. The old list has been deleted. You MUST contact Linda or Christine to get on the new list. See page 7 for details on an upcoming visit to Orlando Science Center.

Foreign Affairs: The Foreign Affairs Group will meet, via ZOOM, on November 22 at 2 p.m. Mary Himes will moderate the discussion:

China's Road into Latin America

For more information, please contact Delia Fuentes at tucu662@gmail.com

Foreign Films: Foreign Films will not meet until it is safe to do so. For more information about place, time, and location (or to be added to the email list), contact Linda Fessel at LFessel@embarqmail.com

Lunching Out: will not meet until it is safe to do so. For more information about place, time, and location (or to be added to the email list), contact Linda Fessel at LFessel@embarqmail.com

MahJongg: will not meet until it is safe to do so. Some of our members have been playing on-line. For more information, contact
Linda Fessel: LFessel@embarqmail.com or
Karen Deo: Karen.deo@gmail.com

[The following letter was written by Leslie and endorsed by the Board regarding the nomination of Judge Amy Coney Barrett to the Supreme Court. Although she has already been sworn in, the Officers and Appointed Chairs would like you to be aware of the position taken by the Board.]

Supreme Court nominee Judge Amy Coney Barrett has a record of legal decisions and writings that jeopardize the welfare of women in the workplace, in healthcare and in education. As members of the 170,000 strong American Association of University Women, we are concerned that the lifelong appointment of Judge Barrett will diminish or eradicate our achievements toward gender equity for women.

Judge Barrett has ruled in favor of companies practicing age and racial discrimination and not compensating workers for overtime. More troubling are her clear intentions to rule against the precedent-setting Roe v. Wade and the Affordable Care Act. She has signed two anti-abortion public notices, is a member of a University

of Notre Dame Faculty for Life group, has ruled in two cases restricting women's reproductive freedom and privacy, and has been critical of the Supreme Court's ruling upholding the Affordable Care Act.

One ruling undermines Title IX prohibiting sex discrimination by making it more difficult for female students to pursue cases of sexual harassment and assault in schools and colleges.

Therefore, we oppose her appointment, particularly at this time that neither allows adequate review of her three-year record as a judge with over 100 written opinions and dissents, greatly curtails the average 113 days between a Supreme Court vacancy and hearings, nor honors Justice Ruth Bader Ginsburg's legacy and last wishes. The Supreme Court belongs to the American people—not a political party—and we deserve an appointee committed to equal justice under the law.

Leslie Sue Lieberman, Ph.D, President
and Board of Directors,
AAUW Orlando/Winter Park Branch



While reorganizing old photo albums, this long-time member came across her wedding picture. Can you guess who it is?

(Answer can be found somewhere in this newsletter!)

I continued to work full time in my gynecology practice to keep patients out of the emergency room. Everything else took more time to accomplish from grocery shopping to picking up supplies at the pharmacy to taking animals to the vet. I have had less time in the past months than ever before. I am grateful that my children are grown or else my office would have had child care/school in the lounge increasing my work load.

Elizabeth Nelson

In September, Patricia Lancaster (former AAUW member) and Karen Buchan escaped to Florida's southwest coast. Photo of Karen looking for sharks' teeth at Caspersen Beach, world famous for sharks' teeth.





PACE began the fall semester on September 14, 2020. Girls had been attending classes remotely all through the summer, and any girl who did not have a computer was given

one so that she could keep up with her teachers and counsellors. In addition to the on-line classes and counselling sessions, members of the PACE staff visited the girls throughout the summer to make sure they were doing as well as possible. For the fall, the girls were offered the choice of returning to in-person classes or continuing their remote learning. As of today, only about a quarter of the girls are actually in the school.

AAUW has been celebrating Thanksgiving with the girls at PACE for over 17 years. The sumptuous traditional Thanksgiving meals have been greatly enjoyed by the PACE girls as well as the AAUW women who provided the meals. But this year is different. At this time, most of the girls are learning remotely and no volunteers are allowed in the PACE building. Therefore, after consultation with the PACE staff, **we are planning to provide gift cards for grocery stores to each girl. We are asking all members to send donations for this**

Thanksgiving meal to Phyllis Hall (481 Forest Court, Altamonte Springs, 32714). Please mark it "for PACE Thanksgiving." Thank you for your generosity.

We are hoping and planning to continue to provide the Miracle Bags (Boxes) in December. The last couple of years Pace provided us a list of each girl's wishes which made for a wonderful experience for the girls and for us. More on this later.

The food pantry at PACE, begun by AAUW, has gotten depleted over the summer. If you can help, it would be greatly appreciated. There is a special need this year for bottled water as health requirements prohibit the use of the water fountains. Donations can be dropped off at PACE or at the home of one of our members who will take things to PACE if that is more convenient for you. Gift cards are a great option and can be mailed directly to PACE. Pat Stamm, Barbara Knapp, Karen Buchan, Karen Gillett and Anne Landrum are available to take your donations.

Pat Stamm

Anne Landrum

Barbara Knapp

Karen Buchan

Karen Gillett

1) Stuff I thought I "should" be doing...I have been "allowed" to let all of that baggage go—well most of it.

2) I have been amazed by the great offerings online of virtual almost everything. I hear the Bach choir, see art work, take virtual tours, find great comic routines all on YouTube. My Zoom and webinar skills are lacking but YouTube is a wonderful resource for me.



Irene S. Clark



My goal during these crazy times was to try at least two new recipes each week and to weed the garden beds. This had to be altered because baking was my favorite new pastime and the scale was not kind! The weeding continues but I now try to read two books a week instead!

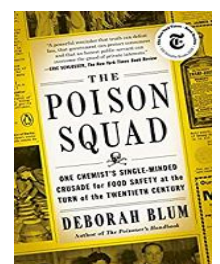
Lynda Hinckley



From *The Poison Squad* by Deborah Blum

"There is something wonderful in the power which organized effort can develop, and the women of this country, through organized effort, in my opinion can secure any good thing which they demand." [Dr. Harvey Wiley] He is responsible for the first food safety legislation in the USA aided by a coalition which included women's groups. His wife was a suffragette.

Submitted by Martha Williamson





This remarkable exhibit has come to the Science Center for a limited run. Orlando will be one of only three sites in the United States to host *Pompeii: The Immortal City* thanks to the Orange County Government through the Arts & Cultural Affairs Program.

On display from October 26, 2020 to January 24, 2021.

Exploring Central Florida starts the new year with a bang! (or an explosion!) On Thursday, January 14, members will explore the 10,000 square foot exhibit at the Orlando Science Center. Some of the group have already purchased their tickets for the 10:40 a.m. show. If you wish to join us, you must purchase your own ticket on line. If the 10:40 slot is full, try to get the one before or the one after. We will gather for lunch at a time and place to be decided at a later date. Your wrist band is your admission back in after lunch if you care to resume your visit to other floors and exhibits. All safety precautions are being followed. The cost is \$33 per person (senior price). The price includes entrance to the OSC, the Pompeii exhibit, all other exhibits, parking, and advance ticket reservation fee. As this event is not limited to members of AAUW, you are welcome to invite friends and family to join you. But if you and your guests want to join the group for lunch, please RSVP to Linda Fessel (LFESSEL@embarqmail.com) or Christine Porter (portercl7166@gmail.com) so we can make the appropriate number of reservations.

<https://www.osc.org/pompeii/>



Pearl is preparing her backyard for a butterfly garden. She also dealt with a racoon and black snake that got in her house. She called the fire department which had to move the fridge to look for the snake. They didn't find it but Pearl saw it slither quietly away later. (*Just a typical day in Florida, right Pearl?*)



From Phyllis Hall: "I made a queen-size quilt (below, right) using a challenging pattern I've never done before. I learned it required VERY precise cutting and sewing."



The quilt above was made by Phyllis at the request of a young friend as a Christmas gift for her musician husband.



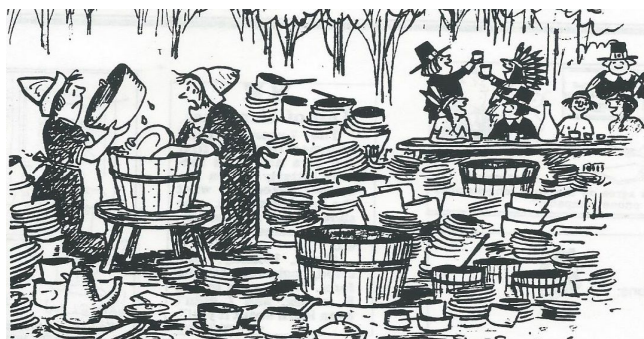
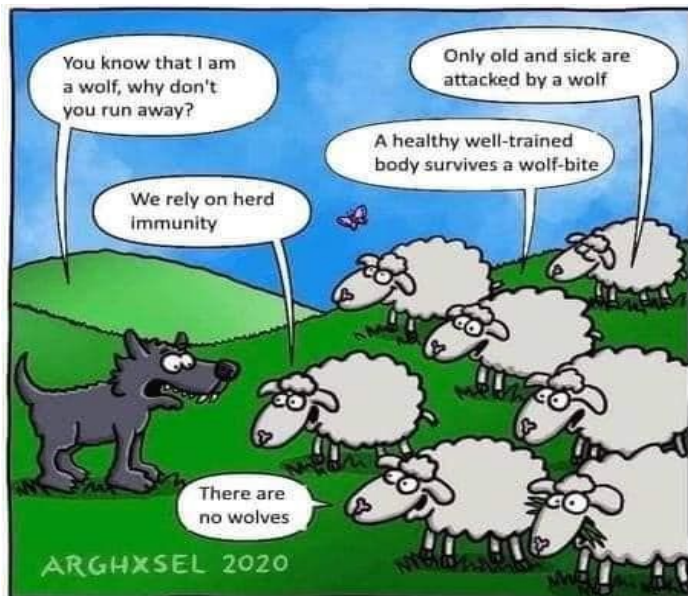


Hanna's quarantine project

An ongoing project of mine has been in scanning all my pictures, including old albums, into computer files. I thought the quarantine would give me the opportunity to make headway on the project. Hah, it didn't make a dent! Yes, I did a lot of scanning, separating the scanned pictures and then filing them into the correct slots in my virtual albums. It is fun to go through the old pictures and reminisce. I've also been working on writing my memoirs and some of the pictures I've gone through reminded me of things I had forgotten about.

I look at my boxes of pictures which still need to be scanned and I can only hope that I'll get it done in time for us to downsize which we hope to do in 3 to 5 years. Oh how I wish I'd labeled all the pictures!

[Oh, how we wish we had followed your example! ed.]



"They want to do this again next year!"

VP Membership



Maria Bonnet



Elizabeth Powers-Byrd

New Member Geraldine (Geri) Ossana sent the following:

As I joined your branch after my move from New York, I was delighted to receive many welcoming messages and phone calls. That is what I love about AAUW. There is a camaraderie that is so unique, that you can feel welcome when you move your home to a new state. Thanks so much for your warm and friendly responses.

Geri Ossana

Personal information (i.e., address, telephone numbers) for all members

can be found on our website:


Orlando-FL.AAUW.net

This information is password protected under Members Only.

If you have forgotten the password,
Please contact Maria Bonnet at
marpazbonnet@gmail.com



NOVEMBER 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Don't forget to turn your clocks back one hour. 	2	3 <u>1 p.m.</u> B-Lovers I ZOOM ELECTION DAY	4 <u>10 a.m.</u> B-Lovers VIII ZOOM <u>10 a.m.</u> B-Lovers IX ZOOM <u>1 p.m.</u> B-Lovers II ZOOM <u>1 p.m.</u> B-Lovers VII ZOOM	5	6 <u>12 noon</u> Dining In ZOOM	7
8	9	10 <u>3:15 p.m.</u> B-Lovers VI ZOOM	11 <u>1:30—3</u> Board Meeting ZOOM Veterans' Day	12	13	14 <u>10 a.m.</u> General Meeting ZOOM
15	16	17	18	19 <u>1:30</u> B-Lovers X ZOOM	20 <u>10:30 a.m.</u> B-Lovers IV ZOOM	21
22 <u>2 p.m.</u> Foreign Affairs ZOOM	23	24 <u>1 p.m.</u> B-Lovers V ZOOM	25 <u>1 p.m.</u> Booklovers III ("Lite") ZOOM	26  Thanksgiving	27	28
29	30	<div> <div>Did you know? (Florida edition)</div> <div> <p>If you travel more than 5-10 miles on any road in any part of Florida without seeing an orange barricade, you're lost!</p> <p>If you miss your exit on I-75, I-4 or I-275, its perfectly acceptable to back up!</p> <p>Once the light turns green, only three cars can go through the intersection, eight more go through on yellow, and four more on red.</p> <p>With the slightest hint of a hurricane your house insurance will be cancelled.</p> </div> </div>				

Our bride is Pearl.