### https://orlando-fl.aauw.net

January 2025



### **JANUARY PROGRAM**



The New Year is when we take stock of what we have and make resolutions to do better-more healthful diets, be nicer to relatives, give more to charities . . . and maybe be less wasteful by reducing water use and recycling food waste. You could resolve to engage in

more environmentally sustainable actions and reduce your contribution to the landfill. Those food scraps from dinner, the tomatoes that rotted in the back of the refrigerator, and even paper towels can be turned into organic soil to grow edible crops and flowers.

Today's speaker. Charlie Pioli, Founder and CEO of O-Town Compost will talk about the benefits of composting and how it is convenient for individuals, housing complexes, companies, schools and even events like conventions and weddings. His company has composted over 6 million pounds! His commitment to a future of environmental sustainability has led to the implementation of programs in Orlando public schools and many speaking engagements in central Florida. His topic today is: "Simple Techniques to Reduce Waste at Home and Enrich our Environment."

Mr. Pioli has a degree in economics from Northeastern University and took courses at the London School of Economics and Political Science. His extensive travels in Latin America shaped his interests in agricultural economics and environmental issues.

See the Calendar Page for January Birthdays.

If you would like to have your birthday listed in the Branchline, send me your name, month and date (no year). LFessel@Comcast.net

## Orlando \*\*\* Winter Park BRANCHLINE

SATURDAY BREAKFAST PROGRAM

Saturday, January 11, 2025

### 9:30-11:30

First Congregational Church of Winter Park 225 S. Interlachen Ave., Winter Park

### COST: \$20

#### HOW TO PAY

- 1. Cash or check at the door or
- 2. Zelle or
- 3. Send check to the following:

AAUW

P.O. Box 884 Winter Park, FL 32790 (allow 5 days delivery time)

Make check payable to

AAUW-Orlando/Winter Park

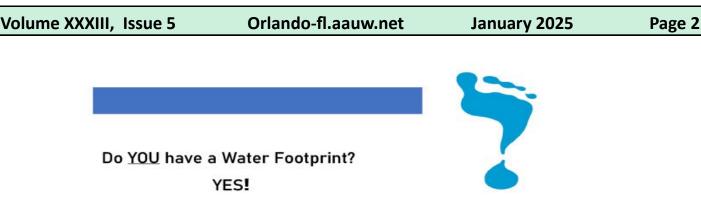
#### **RSVP BY WED., JANUARY 8**

#### **USE THE RESERVATION EMAIL BELOW:**

#### AAUWreserve@gmail.com

In the end, we will remember not the words of our enemies, but the silence of our friends.

Martin Luther King, Jr.



#### Everything we use, wear, buy, sell and eat requires water to

**produce it.** Your water footprint measures the amount of water you use daily or annually. It can be measured for a single process, such as growing rice, for a product, such as a pair of jeans or for direct water use like taking a shower. You can calculate your consumption at this website: <u>https://waterfootprint-calculator.org/</u> My footprint was alarmingly high for a single person household! "Americans consume a staggering 750,000 gallons annually, nearly double the amount of the United Kingdom, Japan and Germany." (Dr. Patricia Wilson, May/June 2024, *Lake Mary Life*, p. 90).

#### Direct and indirect water use



Many of you are already turning off the water when you brush your teeth; using faucets and toilets that reduce water flow; running the washing machine and dishwasher when there is a full load; growing native, drought resistant plants, etc. Since every purchase carries a water footprint associated with production and often pollution, Wilson (2024, p.90) reminds us to **Reduce, Reuse** and **Recycle** what we have.

January is the month for new year's resolutions. Let one of yours be to reduce your water footprint. Your mindful consumption can have a positive economic and environmental ripple effect. (The Orlando/Winter Park Branch and particularly our spokesperson, Dr. Pat Wilson, have been educating community members on water issues since we held our AAUW grantfunded event "Sewage: If Your Pipes Could Talk" in 2023.) Leslie Sue Lieberman, Ph.D., Vice President for Programs

I signed up for an exercise class and was told to wear loose fitting clothing...



If I HAD any loose fitting clothing, I wouldn't have signed up to begin with.

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| From the Pre   | sident  | <ul> <li>chance to meet with friends.</li> <li>For our New Year of 2025, AAUW has many events on tap. We urge you to read your Branchline and join in!</li> <li>On a personal note, a New Year coming up can bring some pressures to set goals, make resolutions and do more things.</li> <li>Forget the stress. Look forward to a new year that fulfills your hopes and dreams and brings all the good things you are wishing for.</li> </ul> |   |  |
|--|---|--|---|--|
| ORLANDO-W<br>BRANCH has<br>many activiti   | r at our AAUW<br>/INTER PARK<br>been filled with<br>ies—both for fun  |  |   |  |
| the same tim   | ment—many at<br>ne.<br>groups, which in-  |  |   |  |
| clude Booklovers, Foreign Affairs, I<br>ing Out, Exploring Central Florida,<br>socialize. Our work with PACE and<br>benefit our community.                                       | Mahjongg, Lunch-<br>are fun ways to   |  |   |  |
| Our Saturday Breakfast meetings p<br>esting programs, announcements o  |   |  | <i>Díana Secor, President</i><br>AAUW Orlando/Winter Park Branch                            |  |
| OFFICERS Ann Burnham<br>President: Diana Secor<br>dianasecoraauw@gmail.com VP Programs: Dr. L<br>Islieberman@gmai<br>co-VP Membership: Irene Pruzan<br>irene-pruzan@juno.com and |   | Leslie S. Lieberman  | Co-VP Finance: Parveen Wahid<br>piecee@hotmail.com and<br>Collette Davis, dcollette@aol.com |  |
|  |   | il.com   | Secretary: Linda Fessel<br>Lfessel@Comcast.net  |  |
| COMMITTEE CHAIRS   | Literary Luncheon Chair<br>Myra Gaziano<br>gazianomyra@yahoo.com<br><u>Membership Directory</u><br>Ann Burnham<br>annmburnham@gmail.com<br>Linda Fessel<br>Lfessel@Comcast.net<br>Irene Pruzan<br>irene-pruzan@juno.com<br><u>PACE Liaisons</u><br>Pat Stamm<br>patsnpans@yahoo.com<br>Anne Landrum |  | <u>Print Media</u><br>Georgiana Havill  |  |
| Booklovers Coordinator<br>Missy Baker  |   |  | g@havill.org  |  |
| bakerworks@gmail.com   |   |  | <u>Scholarship Chair</u><br>Karen Buchan  |  |
| <u>Branchline Editor</u><br>Linda Fessel   |   |  | kgb@unknownegg.org<br><u>STEM coordinator</u><br>TBA  |  |
| Lfessel@Comcast.net  |   |  |   |  |
| <u>Bylaws and Parliamentarian</u><br>Barbara Knapp<br>bcknapp1949@gmail.com  |   |  | <u>Tech Trek</u><br>TBA   |  |
| <u>Corresponding Secretary</u><br>Judy McDonald<br>murran@bellsouth.net  |   |  | Website<br>Linda Fessel<br>Lfessel@Comcast.net  |  |
| Director for Development<br>Rosemary Vendena   | Karen Gillett   | @cfl.rr.com<br>@hotmail.com  | Maria Bonnet<br>marpazbonnet@gmail.com  |  |
| Ro.vendena @gmail.com  | Roberta Cooper<br>rdeecooper@gmail.com  |  | Contact Judy McDonald if you hear<br>of any member who is ill, having                       |  |

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At the December 14 General Meeting, John and Theresa Segers presented a program of holiday favorites and other songs from their vast repertoire. This was their 2nd holiday appearance attended by more than 40 members.





It's snowing in Orlando!

L-R: Georgiana Havill, Betzy Ingle, Martha Williamson, and Helene Samii (Martha's Daughter-in-Law) at Leu Gardens' "Dazzling Lights."



## From Our Members



Missy Baker and Martha Williamson joined Booklovers IX for a holiday lunch chez Lynda Hinckley.

Plans are moving ahead for our 23rd Literary Luncheon.

Reservation form and seating list can be found on the last 2 pages of this newsletter. Be the first to sign up!



Booklovers X had its holiday lunch at The Glass Knife. L-R: Susan Turo, Myra Gaziano, Eileen Garrison, Cynthia Pesch, Roberta Cooper, Polly Saunders, Georgiana Havill, Pat Wilson

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## More From Our Members



Booklovers Lite celebrates the holidays at Francesca's



Dining In celebrates the holidays chez Lynda. .

#### To all AAUW sisters:

Thank you for rounding up and delivering over 100 calendars to me in November and December. Initially I was going to deliver some to PACE for the students and staff, but after hearing about their other holiday contributors, I took the calendars to our regular recipients who reside in assisted housing programs in Winter Park.

Elderly and disabled renters who do not have an abundance of disposable cash were delighted with their finds. Some people selected calendars with dogs or cats, others with breathtaking photography of National parks and still others with advertised nonprofits such as Easter Seals or St Jude's Children's hospital.

The residents always look forward to this activity which gets them out of their apartments and socializing. The calendars offer a spot of color to the apartments, and they help residents keep track of appointments and comings and goings in their lives.

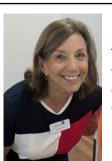
We do as much as we can for as many as we can for as long as we can. Thank you for the part you play in that endeavor.

Happy New Year!

Lynda Hinckley



Orlando Gay Chorus performs at Epcot Candlelight on Saturday, December 28. Can you spot Linda Fessel?



## VP Membership

The new membership directories will be available at the January 11 general meeting for the low price of \$2 each or two for \$3.

> Ann Burnham co-V.P. Membership annmburnham@gmail.com

#### WELCOME TO OUR NEW MEMBERS

Ann Rubin arubin2carmodylaw.com 203-729-6953 Cornell University, B.A. 1979 UConn School of Law, J.D., 1983

Louise Dotson mardigras1776@gmail.com 407-333-9661 407-920-5184 (cell) Louisiana State U., BSN, Nursing, 1969 Rollins College, MAT, History, 1997 UCF, MSN, Nursing, 2014

## **VP** Membership



NEW MEMBER DISCOUNT

Tell your friends that they can save over one third by joining AAUW at the Saturday meeting on January 11. The cost is \$62 rather than the usual \$98 for the year, saving \$36! They can pay at the meeting by cash, check, credit card or Zelle.

> Irene Pruzan co-V.P. Membership irene-pruzan@juno.com



## VP Finance

Parveen Wahid V.P. Finance piecee@hotmail.com

#### **REMINDER:**

If you receive a request for dues, and the request comes from National, treat it like spam. <u>DO NOT</u> <u>SEND THEM ANY MONEY!</u>

Ignore their pleas, threats, admonishments, coercions or intimidations. That's OUR job.

#### Our branch is the sole collector of your dues!!.

Dues remain the same: (\$98) The breakdown is as follows:

| National | \$72 (only this portion is tax deductible;)<br>(Supports the many programs that<br>AAUW Champions) |
|----------|--|
| State    | \$12   |
| Branch   | \$14 (used for operations)   |

Make your dues check payable to:

AAUW Orlando/Winter Park

Pay at the meeting on January 11 or mail to:

AAUW P.O. Box 884 Winter Park, FL 32790

> Parveen Wahid V.P. Finance piecee@hotmail.com



#### HOORAY! HOORAY!! HOORAY!!!

After several years in the planning stage, then moving on to filings, fees, and lawyers, Orlando/Winter Park Branch has finally achieved 501(c)(3) status. As a designated non-profit, your donations to the branch are now tax deductible.

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#### January 2025

#### **PACE Center for Girls**

February is coming and love is in the air – AAUW's love and care for the girls at PACE. This year on Wednesday, February 12, our branch will be providing PACE our firstever Valentine Party. Plans for the day include a pizza party, chair yoga, three crafts —bracelets, keychains cards - and small Valentine presents. Homemade cookies, which the girls love, will be a great part of the day. Once again, we are asking all members to be part of this celebration. We will need volunteers to assist with the crafts and yoga, or prepare the Valentine gift bags, bakers to make some delicious cookies, and donors to help with the presents. Look for sign-up sheets at the branch meeting in January or contact Anne Landrum to volunteer. Anne can be reached at 407 620-2525 or via email at alandrum2@cfl.rr.com. Checks should be made out to AAUW Orlando/Winter Park.

#### Meet PACE girl Isabella.

"Before PACE, the idea of graduating wasn't even an option. I was kept out of school from fifth grade through ninth grade, and during that time, I felt hopeless, and my mental health suffered. PACE gave me a second chance, and I could finally see the light again. I've grown so much since enrolling at PACE and had opportunities I never imagined five years ago. And now I am going to graduate high school!"

**PACE Food Pantry** – this month we ask you to bring items which can be part of this month's meal kit or personal items needed by the girls. PACE staff can put the meal kits together.

#### Pasta and Chicken Alfredo Meal

- 1 box bow tie pasta
- 1 (25 oz) can white meat chicken
- 1 (15 oz) jar Alfredo sauce
- 1 (15 oz) can asparagus or green beans
- 1 package sundried tomatoes. slivered

Personal Items deodorant tooth paste tooth brush body wash

Your PACE team: Pat, Karen B, Karen G, Barbara, Roberta, Sue, Susan and Anne

#### Letter from the Editor

A few weeks ago, our Branch was informed that there would be certain changes made on AAUW websites. If you have gone to our website, you have undoubtedly seen the changes.

As the branch administrator for our website, I was not at all pleased by the changes. There was no warning, no consultation, and no vote regarding the new "theme." Apparently, National decided to eliminate the individual formats of the branches in favor of creating a clone-like appearance. It saddens me that our home page no longer features the iconic photo of Lake Eola. And identifying photos of other branches have also been deleted. It seems that National has opted to remove our branch's unique identity to march in lock-step with the other branches. And watch out! You will see a red square on the top of every page labeled "Donate." One guess who gets your donation! Maybe I'm being overly negative, so if you have any opinions on our new website, I'd love to hear them.

Linda Fessel, ed.



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#### January 2025

### Interest Groups

#### **Booklovers:**

If you are interested in joining a book group, please contact Missy Baker, Booklovers Coordinator,

bakerworks@gmail.com (See next page for more from Missy!)

**Booklovers Lite**: Booklovers Lite meets monthly on the last Wednesday at 1 p.m. On January 29, we will discuss *What Angels Fear* by C. S. Harris. The reading list is independent from those of the other book groups.

**Dining In:** Dining-In normally meets at noon on the first Friday of the month. Contact Jane Rosen for more information: 321-295-7689 or mjcrosen@hotmail.com.

**Exploring Central Florida** (ECF): Plans are in the works for an outing (with lunch) on Friday, January 24. If you are not currently on the ECF contact list, you need to do so in order to get information for this and upcoming events. Contact Linda at LFessel@Comcast.net. See next column for information on this month's ECF.

#### **Foreign Affairs**

Foreign Affairs Interest Group will discuss chapter 7, "High Seas Treaty" in our *Great Decisions* book on Sunday, January 26, at 2 p.m. Elisa Staley will be presenting this topic. Contact Mary Himes for more information. <u>mwaltzhimes@gmail.com</u>

**Lunching Out:** Check the dates on the calendar. An email with more information will be sent to those on the Lunching Out contact list. Contact Linda Fessel to get your name on the contact list. LFessel@comcast.net

**MahJongg:** meets on Thursdays at Club 24 in Winter Park from 1-4 p.m. Want to learn the game? We will teach you. For more information, contact Karen Deo: Karen.deo@gmail.com

#### SAVE THE DATE:

MARCH 8, 2025

#### 23rd LITERARY LUNCHEON

RESERVATION FORM AND SEATING REQUESTS CAN BE FOUND AFTER THE CALENDAR. **Exploring Central Florida** leads off the new year with an exciting trip to Lake Nona's Sculpture Garden and the Wave Hotel.



Adjacent to the newly opened Lake Nona Wave Hotel the world's most technologically advanced hotel—the Sculpture Garden is a 50,000-square-foot outdoor space designed for the exploration and discovery of a distinguished selection of sculptures from one of the world's largest private art collections, The Lewis Collection.

The sculptures are placed in a garden with plants (which are labeled) from all over the world. It is not a long walk to see the sculptures, but there are several other acres to walk around after lunch if you choose.

Some members have offered to drive a carpool for those in the Winter Park area.

Sign up for the walk and lunch. More details will follow.

Linda Fessel (LFessel@Comcast.net)



read it.

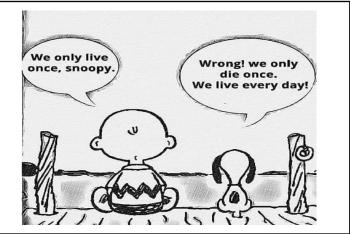
| The Booklover's Library Quiz for January 2025.  | 4. List 3 types of shelters the author mentions as available to Nottingham residents during an air raid.   |  |
|---|--|--|
| Happy New Year fellow AAUW members!   | 5. What book sparked Olivia's interest in reading?   |  |
| To begin the new year, let's fire up brain cells, read, and   | 6. Why was Charles unable to enlist in the military?   |  |
| answer a few questions.<br>Below is a quiz open to all members who have read <i>The</i><br><i>Booklover's Library</i> by Madeline Martin. Martin will be  | 7. Paper cups were not ubiquitous in the 1940s. When<br>cups and mugs ran out, what work-around did the volun-<br>teers use when serving tea from the mobile canteen?                                      |  |
| our guest speaker at our March Literary Luncheon.   | 8. Who was responsible for the mysteriously mis-shelved books?   |  |
| Enjoy the read, enjoy the quiz, enjoy anticipating the luncheon.  | 9. What was Mr. Sanderson's Christmas gift to Emma?  |  |
| If you'd like to continue the enjoyment, contact me about joining one of our Booklovers groups.   | 10. Was there a character you most admired? Who was<br>it and why? If this story contained no characters for you<br>to admire, what was missing that led you to this conclu-<br>sion?                      |  |
| Missy Baker, Booklovers Coordinator,<br>bakerworks@gmail.com  | The AAUW Florida Public<br>Policy Education Forum  |  |
| ***************************************   | Zoom ( <u>aauw-fl.aauw.net</u> ) at 6:00 p.m. (All pro-  |  |
| <b>The Quiz</b><br>Based on <i>The Booklover's Library</i> by Madeline Martin   | grams are at 6 p.m.)   |  |
| <b>NOTE</b> : The 15th person to submit correct answers in an email to bakerworks@gmail.com will receive a \$50 gift card from The Writer's Block. The certificate will be presented at the Literary Luncheon in March, but you do not need to be present to win. | <u>Thursday, Jan. 9</u><br>Black Girls in Florida Schools- Bayliss Fiddiman, esq<br>National Women's Law Center<br><u>Thursday , Feb. 13</u><br>Florida Legislative Preview- Pat DeWitt, Ph.D.,<br>AAUW-FL |  |
| Fine print: Arbiter extraordinaire Myra Gaziano will re-<br>solve any questions or challenges. Her decisions shall be<br>final. The order of submissions will be based on the or-<br>der of gmail receipt times.  | <u>Thursday, March 8</u><br><i>Pay Gap, Caregiving &amp; Economic Security-</i><br>Mary Gatta, Ph.D., Director, Research & Public Pol-<br>icy, National Association of Colleges and Employ-<br>ers         |  |
| <b>Directions</b> To avoid confusion, number your answers<br>and use "the quiz" as your subject line. Correct answers<br>are not contingent on spelling or syntax, although prop-<br>er usage will cause hearts to sing and make recognizing                      | <u>Thursday, April 3</u><br>Gender and Race Equity in STEM- Prof. Amanda<br>Koontz, UCF  |  |
| correct responses more likely. Kindly email your re-<br>sponses to Missy Baker, bakerworks@gmail.com  | Most people are at the age where<br>they are using their phones to<br>document the good times<br>in their lives.   |  |
| 1. What is your first and last name?  | I am at the age where I use my   |  |
| 2. What is the best email for contacting you?   | phone to take pictures of labels<br>that I can't read and use my phone   |  |
| 3. List 3 ways that <i>The Booklover's Library</i> reflects the life and experiences of Madeline Martin.  | to enlarge the print so that I can   |  |

## JANUARY 2025

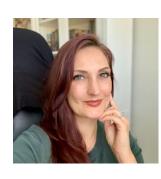
| Sun                                       | Mon                                  | Tue                                | Wed  | Thu  | Fri                                  | Sat   |
|---|--------------------------------------|------------------------------------|--|--|--------------------------------------|---|
|   |                                      |                                    | 1  | 2<br><u>1-4</u><br>Mahjongg                                    | 3<br><u>12 noon</u><br>Dining-In     | 4   |
| 5   | 6                                    | 7                                  | 8<br><u>9:30 a.m.</u><br>B-Lovers IX<br><u>10 a.m.</u><br>B-Lovers VIII<br><u>1 p.m.</u><br>B-Lovers II<br><u>1 p.m.</u><br>B-Lovers VII | 9<br><u>1-4</u><br>Mahjongg                                    | 10                                   | 11<br><u>9:30-11:30</u><br>General<br>Meeting |
| 12  | 13                                   | 14<br><u>1 p.m.</u><br>B-Lovers I  | 15   | 16<br><u>1-4</u><br>Mahjongg<br><u>1:30 p.m.</u><br>B-Lovers X | 17<br><u>12 noon</u><br>Lunching Out | 18  |
| 19  | 20<br>MLK Birthday                   | 21<br><u>2 p.m.</u><br>B-Lovers VI | 22   | 23<br><u>1-4</u><br>Mahjongg                                   | 24<br><u>10:30-2:00</u><br>ECF       | 25  |
| 26<br><u>2 p.m.</u><br>Foreign<br>Affairs | 27<br><u>12 noon</u><br>Lunching Out | 28<br><u>1:30</u><br>B-Lovers V    | 29<br><u>10:30</u><br>BOD<br><u>1-3</u><br>B-Lovers Lite   | 30<br><u>1-4</u><br>Mahjongg                                   | 31                                   |   |

### JANUARY BIRTHDAYS

| Betty Wasicek  | January 1  |
|----------------|------------|
| Irene Pruzan   | January 3  |
| Susan Levine   | January 10 |
| Pat Stamm      | January 19 |
| Collette Davis | January 26 |
| Jocelyn Deprez | January 30 |
|                |            |

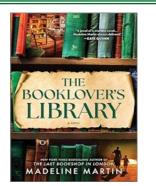


## 23rd Annual Spring Literary Luncheon



Saturday, March 8, 2025 11 a.m. to 2 p.m. Interlachen Country Club 2245 Interlachen Ct., Winter Park

Speaker: Madeline Martin Cost: \$65



Madeline Martin is a *New York Times, USA Today, Publisher's Weekly* and internationally bestselling author of 40 historical fiction and historical romance novels whose books have been translated into over twenty-five different languages.

At the Literary Luncheon, Ms. Martin will speak about her latest heartwarming novel, *The Booklover's Library* that has been nominated for the 2024 *Goodreads* Choice Awards for Best Historical Fiction. *The Booklover's Library* is a well-researched tale of a mother and daughter in wartime England and the power and solace of books that brings them together and helps them to find hope in the darkest of times. According to the author "this book truly comes from my heart and is based on so much of my personal life."

The Booklist Starred review noted "Martin infuses The Booklovers Library with an array of historical details, highlighting the strength and courage needed by every citizen in a wartime effort. The novel is a feast for the senses – the sound of air-raid sirens, the taste of rationed butter, the smell of freshly brewed tea."

| Reservation Form  |  |  |
|---|--|--|
| Name (Clearly print first and last name)  |  |  |
| Telephone E-mail  |  |  |
| Please Reserve:        seats @ \$65       Total: \$       Number of Vegetarian Entrees:           |  |  |
| All reservations, including payment, MUST be received by February 22, 2025.                       |  |  |
| Please mail this form and checks payable to AAUW Orlando-Winter Park to:                          |  |  |
| AAUW P.O. Box 884 Winter Park, FL 32790   |  |  |
| (Allow five days for mail to reach the P.O. Box)  |  |  |
| Use the next page to list everyone you would like seated at your table.                           |  |  |
| Questions? Contact Pat Curenton at lilcreativedragon@gmail.com or 407 366-7866 (text preferred)   |  |  |
| Or Diana Secor at dianasecoraauw@gmail.com or 407-929-3735 (text preferred)                       |  |  |
| I am unable to attend but would like to donate \$ to AAUW   |  |  |
| By supporting AAUW, you provide educational opportunities and legal advocacy for women and girls. |  |  |
| www.orlando-fl.aauw.net   |  |  |

# AAUW Orlando/Winter Park 23rd Annual Spring Literary Luncheon

Please **Clearly PRINT** the names of all individuals you wish to be seated at your table. Sorry, sometimes we cannot accommodate all requests, but we do our best!

Only 8 persons will be seated at each table. Please include payment for all individuals listed below. You may send individual checks OR one check for the whole table.

Reservations and checks must be received by Saturday, February 22.

NAMES and PHONE NUMBERS of persons requesting to sit at the same table :

| 1_ |  |
|----|--|
|    |  |
| 2_ |  |
|    |  |
| 3_ |  |
|    |  |
| 4_ |  |
|    |  |
| 5_ |  |
|    |  |
| 6  |  |
|    |  |
| 7_ |  |
|    |  |
| 8  |  |